

September
1979

September 1979

New York



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MEMBERS AT LARGE

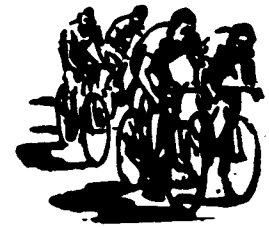
Gary Kryznowek
Bill Knight
Jim Rex

"While autumn nodding
o'er the yellow plain
comes jovial on" ---
we present you with
five pages of rides--
and our own

Bob Herzfelder
at the monthly meeting
Tuesday: Sept. 18th
6:00 P.M. Rinaldo's
Restaurant
32 East 32nd Street
(betw. Park and Mad.)



Rides For The Month



NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Everyone is a potential ride leader. Mail your ride information to the ride coordinators.

A Rides to: Gary Krzynowek, 1460 Bronx River Road, Bronx, N.Y. 01472.
B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.
C Rides to: Tony Morano, 93 Bay 23 St., Brooklyn, N.Y. 11224.

Your rides must be handed in to the V.P. Rides no later than at the monthly meeting

Saturday BROOKLYN RENAISSANCE: 25 miles, C ride. Leaders: Lorraine
8 Sep. Gewirtz, & Sherman Cohen. Meet 9 A.M. 5th Ave. & 72nd St.,
10 A.M. pedestrian exit of Bklyn Bridge on Bklyn side. Explore Bklyn Hgts, Boerum Hill, Ft. Greene. Visit remodeled home, historic church with Tiffany windows and Lincoln memorabilia. Lunch in choice of historic Montague St. ethnic restaurants. Bring bike lock, innertube, hearty appetite, \$. (Small donation to non-profit org. for special guide). Joint AMC.

Sunday COLD SPRINGS BREAKFAST RIDE: 110 miles, "A" ride. Chris
Sep. 9 Mailing, leader. Meet at the Central Park Boathouse at
6:15 A.M. for a 6:30 SHARP start up the east bank of the Hudson River (Route 9) to the Cold Springs Fire Hall for a hearty breakfast at a bargain price. Return via Bear Mountain State Park, through Rockland and Bergen Counties, with a second food stop in Montvale, N.J. Call Chris Mailing at 879-6199 for further details or between 5:30 A.M. and 6:00 A.M. on the morning of the ride if weather is doubtful. NYCC ride.

Sunday 50 MILE LAW PATCH RIDE: 50 miles, "B" ride. Upright Irv,
Sep. 9 leader. We will ride as a group. Here is your chance to see how easy it is to do 50 miles when properly paced by a non-macho rider. Same route & meeting details as for the Aug. 19, Northern N.J. & Rockland County Ride. LO 2-7298. NYCC ride.

Saturday SATURDAY MORNING QUICKIE (FOR GOOD RIDERS): 50 miles, B+
Sep. 15 ride. Chris Mailing, leader. Will cover Irv Weisman's marked 50 mile patch ride route through Bergen and Rockland Counties in 3 hours. Meet at the New Jersey end of the George Washington Bridge and Hudson Terrace at 7:15 A.M. for a 7:30 A.M. SHARP start. Call Chris at 879-6199 for further details or between 6:00 A.M. and 6:30 A.M. before the ride if the weather is doubtful. NYCC ride.

Sat.-Sun. CATSKILLS WEEKEND: Irv Weisman, leader. Ride up Saturday Sep. 15-16 morning (2½ hrs. on thruway to Exit 21) in time for brunch. Then 2 days of cycling in rolling and hilly country followed by good eating by the co-operative hosts of Forest House. Cost is approximately \$35.00. Call Irv (LO 2-7298 or 650-8075) if you want to join us; don't procrastinate. Cars needed.

Sunday 5th ANNUAL HIGH POINT 100: This ride offers a double metric
Sep. 16 century, century, 50 and 25 mile patch rides. The rides start from the Nassau Community College north parking lot (off Stewart Ave. in Garden City). Double Metric leaves at 6:30 A.M. Century patch ride leaves at 7:00 A.M. 50 mile patch ride leaves at 9:00 A.M. and 25 mile patch leaves at 10:00 A.M. There will be a new route this year for all rides. Registration fee is \$3.50, which covers refreshments, patch and map. AYH members who have their current AYH patch with them and who complete the ride that they go on within the required time limit will receive the appropriate AYH patch. LAW patches also available.

CARAVANS TO THE 5th ANNUAL HIGH POINT 100: Gary Krzynowek will lead a bicycle caravan to the double metric century patch rides, leaving at 5:00 A.M. sharp from 179th St. & Hillside Ave. in Queens on the morning of the High Point 100. 893-5984. NYCC ride.

John Lubaska will lead a caravan starting from the same point at 6:30 A.M. sharp for those who are going on the 50 and 75 mile High Point 100 patch rides.

The High Point 100 is jointly sponsored by the Massapequa Park Bicycle Club, Grumman Cycle Touring Club, and the Suffolk Bicycle Riders Assn.

Saturday FIVE EAST RIVER BRIDGES: 25 mi., C ride. Leaders Ken Abrams,
Sep. 22 Ed Flowers, and Charlotte Hildebrandt. Start at 10:00 A.M. in front of City Hall (Wall Street area). The ride will proceed northward across the Brooklyn, Williamsburg, Queensboro, pedestrian walkway, and Triboro Bridges and circle back to the starting point by way of Newtown Creek and Greenpoint. Discover the islands, creeks, canals and little-known pathways of New York. Bring lunch or money for extended stop at Roosevelt Island. Abrams: 479-5965; Flowers: 544-9168; Hildebrandt: 875-2965. Joint AYH-NYCC ride.

Sunday RIDE TO CONNECTICUT: Approximately 80 miles round trip. B++
Sep. 23 ride. Marsha Taggart, leader. Meet at 86th St. & CPW. at 8:00 A.M. to leave at 8:15 A.M. sharp. For information, call Marsha at 724-6336. A round trip ride at moderate pace.

Sunday WESTCHESTER METRIC AND FULL CENTURY: B+ and A rides.
Sep. 23 B+ Rides & "Cartoppers": Meet at Manor House Square between Broadway and Warburton Ave. in Yonkers at 8:15 A.M. for 8:30 A.M. start under leadership of Bill Baumgarten. Ride out Broadway (Route 9) to North Tarrytown, Sleepy Hollow, Kitchawan, Goldens Bridge, Bedford Village, Mt. Kisco, Pleasantville, and return via Route 9. Food stops at Campwoods (Ossining), Whitehall Corners and Mt. Kisco. 65 miles; Bill Baumgarten, leader.

(continued on next page)

(Westchester Metric and Full Century-continued):

A Riders & "Purists" (who refuse to drive cars on principle):

Meet at the Roosevelt Island Tramway Plaza on Second Avenue Between 59th and 60th Streets in Manhattan (at the foot of the Queensboro Bridge) at 7:15 A.M. for 7:30 A.M. sharp start to Manor House Square, to join Bill Baumgarten's group. 90 miles, A ride. Between the Whitehall corners and Mt. Kisco food stops, the A riders will put on a little extra mileage, speed and hills along Titicus reservoir and river to Titicus, then Mill River and Pound Ridge for a total of 110 miles. Chris Mailing, and Bill Yao, co-leaders. Call 879-6199 for further details or between 6:30 and 7:00 A.M. morning of ride if weather is doubtful. NYCC ride.

~~X~~ Saturday SATURDAY MORNING METRIC CENTURY: 65 miles, B+. Chris Mailing.
Sep. 29 leader. Meet at Roosevelt Island Tramway Plaza on Second Avenue between 59th and 60th Streets at 7:15 A.M. for 7:30 A.M. sharp start. Will "warm up" riding up to George Washington Bridge (or you can meet us there about 8:15 A.M.), then cover Irv Weisman's marked 50 mile patch ride route through Bergen and Rockland counties in 3 hours. Call 879-6199 for details or between 6:30 and 7:00 A.M. morning of ride if weather is doubtful. NYCC ride.

Saturday LONG ISLAND DOUBLE CENTURY: 200 miles in 20 hrs.; A+ ride.
Sep. 29 Leader, Steve Bauman. This ride goes along Long Island's flat but windy southern shore. All prospective participants must have successfully completed an AYH Century in 1979, and they must also attend the pre-trip meeting at AYH (132 Spring St. in Manhattan), on Monday, September 24th at 7:00 A.M. AYH ride.

Sunday PIERMONT RUN & BEYOND: 45 mi., B ride. Leader, "Upright"
Sep. 30 Irv. Leave Geo. Washington Br. (178 st. & Fort Washington Ave.) at 8:45 A.M. Eat in a converted truck garage or picnic in a park-weather and group determines choice. Return by 3:30 P.M. to prepare for Yom Kippur. Info: LO 2-7298.

~~X~~ Sunday DANBURY STATE FAIR RIDE: 100 miles; A ride. Gary Krzynowek,
Sep. 30 leader. Meet 6:00 A.M. for 6:30 A.M. start at Fordham Rd. at the Grand Concourse. This will be an easier version of the Annual Danbury Ride in order for people to spend a little time at the fair. However, it will still contain a few good climbs going and returning. Be sure to bring a lock and chain for your bike, tools for repair of your bike, and money for the fair. Phone 893-5984, Mon-Fri., 6 P.M.-11:30 P.M. for qu3stions. NYCC ride.

~~X~~ Sat.-Mon. CAPITOL RUN--NEW YORK TO WASHINGTON, D.C.: 250 mi., A++ ride.
Oct. 6-8 Steve Bauman, leader. If you are in excellent condition, come along on the 9th Annual 250 mile Capitol Run. You have got to be good! If you are interested, you must attend the pre-trip meeting on Thursday, September 20th at AYH at 7:00 P.M. All participants will be selected at that time after having been interviewed by a trip leader and approved. Applicants should have century experience or better. AYH ride.

Oct 7 110 mile ride w/ Bill Yao 8:00 am C.P.K. Beach House
8:30 am @ G.W. Bridge.

Sunday CROTON DAM FALL FOLIAGE RIDE: 75 miles & hilly, A+ ride.
Oct. 14 Steve Bauman, leader. Meet 8:30 A.M. at Fordham Rd. &
Grand Concourse in the Bronx for a strenuous, 75 mile,
Fall foliage tour of upper Westchester county. Be sure to bring lunch
or money for it. AYH ride.

Sat.-Sun. INDIAN SUMMER WEEKEND IN MONMOUTH COUNTY: Leaders: Lorraine
Oct. 20-21 Gewirtz, Sherman Cohen. Cycling sightseeing, seafaring.
Visit historic twin lights in Highlands, Sandy Hook's 1792
lighthouse, Gateway and Holmdel Park. Car transportation needed. Drive
down Sat. A.M. for joint ride with AMC and Atlantic Bicycle Club. Group
limited. Registration deadline Sept. 20th. Overnight at motel. Rates:
\$17 single, \$10 each dbl. occup., \$9 each 3 in room, \$7 for 4 in room
(2 dbl. beds in each room). Registration and further info, send self-
addressed, stamped, envelope for full amount payable to Sherman Cohen.
Include if you can supply transportation. Sherman Cohen, 1245 Ave. X,
Bklyn, NY 11235 (212) 332-1990.

Sunday OLD HOME DAY AT THE AMERICAN BICYCLE HALL OF FAME MUSEUM:
Oct. 21 10 miles, C ride. Leaders, Roland Geist, Brian McMahon,
and Gerard Gardner. Meet 10:00 A.M. at the South Ferry,
New York, and boat to St. George, Staten Island. Cycle to richmondtown
about 10 miles away following bikeway signs. Those riding bicycles will
be admitted free to the Hall of Fame. Activities include visiting the
Hall of Fame exhibitions, getting autographs on Bicycle People, and
the election of a cyclist to the Hall of Fame after a lecture by
Gerard and Roland.

Sunday ALL CLASS CLUB RIDE IN NEW JERSEY: This second annual
Oct. 28 club ride will be an improved version of last year's popu-
lar ride designed by Irv Weisman, complete with bring-along
picnic. Irv is now soliciting leaders for all class rides -- mark your
calendars for this club get together. More details next month.

PLUS THIS ADDITIONAL SCHEDULE WHICH HAS JUST BEEN RECEIVED FOR B AND C RIDES

Saturday FRUIT & VEG. PICKER, SUFFOLK CO.: 40 miles C+, tourists
Sep. 15 only. John Lorenz, leader. Meet 9:30 A.M. quarter mile
south of Exit 51 of L.I.E., on Rte. 231, at Louie & Vinnie
Farm. Pick your own farms checked out. Be prepared to eat or carry
produce. Cancelled at 60% chance of rain. Please confirm in advance
on Friday night. 833-2223.

Sunday STATEN ISLAND TOUR: 45 miles, B-, tourists only. John
Sep. 16 Lorenz leader. Meet 8 A.M. at Shore Road and 4th Ave.
(Cannonball Park), Brooklyn. Others may join us at Brook-
lyn Bridge, foot of staircase, Cadman Plaza, Brooklyn side at 9 A.M.
Taking ferry from Battery Park, 9:30, others may join us there.
Cancelled at 60% chance of rain. Please confirm in advance on
Saturday night. 833-2223.

Saturday CANTIAGUE TO CAUMSETT: STATE PARK, NASSAU-SUFFOLK CO.:
Sep. 22 40 miles, B-, tourists only. John Lorenz, leader. Meet
9:00 A.M. at Cantiague St. Park, Hicksville, entering
from W. John St. Take L.I.E. to Exit 41-5 or Northern State to
Exit 35-5, south on Broadway (106), west on W. John St. one mile
to park. Look for copper Opel in parking lot. Cancelled at 60%
chance of rain. Please confirm in advance on Friday night. Tel.
833-2223

Sunday PLANTING FIELDS ARBORETUM TOUR, NASSAU CO.: 35 miles,
Sep. 23 B-, tourists only. John Lorenz, leader. Meet 9:30 A.M.
at I.U. Willets Rd. School. Take Northern St. Pkwy.,
Exit 27 South on Shelter Rock Rd., left on Willets Road several
miles, school on the right. Bring camera, lock, snacks, spare tube
& pump. Nature tour of one hour, small adm. fee. Repeated by popular
demand. Cancelled at 60% chance of rain. Please confirm in advance
on Saturday night. 833-2223.

Saturday THE ZEN GARDENS OF NORTH SALEM, WESTCHESTER CO.: 40 miles,
Sep. 29 (+ or -) B-; tourists only. John Lorenz, leader. Take
I-684 north, Rte 35 east (Cross River Rd.), right on
121 south, entering Pound Ridge Park on left. Proceed to last park-
ing area by crossing over stream. Meet there at 9:30 A.M. Visit
Oriental Stroll Gardens, Delancy Manor House, Horse Farms, West-
moreland Nature Sanctuary, and Scotts Corners' deli for a packed hero
or sub. Cancelled at 60% chance of rain. Please confirm in advance
on Friday night. 833-2223.

Sunday BERGEN-PASSAIC FOLIAGE TOUR OF N.J. SUBURBS: 50 miles,
Oct. 7 B-; tourists only. John Lorenz, leader. Meet 9:00 A.M.
at Manhattan side of Geo. Wash. Bridge pedestrian walk
(Calvini Blvd. and 178th St.). Repeated by popular demand. Cancelled
at 60% chance of rain. Please confirm in advance on Saturday night.
833-2223. Maps for all.

Monday COLUMBUS DAY EXPLORER: Up to 35 miles, c; scouts only.
Oct. 8 John Lorenz, mapper. Will be meeting at 179 st. and Hill-
side Ave., Jamaica, Queens (take E or F train to last stop)
at 9:00 A.M. to map a beautiful tour through the area of Nassau Co.
bounded by Cross Island, Northern St., Meadowbrook and Southern St.
Pkwys. Oldest and wealthiest suburbs to the east. All suggestions
are welcome if you decide to participate. Here's your chance to
produce a viable route in the suburbs. Easy to get to. Cancelled at
60% chance of rain. Please confirm in advance on Sunday night. 833-2223.

Sunday PELHAM TO SCARSDALE EXPLORATION: Up to 50 miles, C, scouts
Oct. 14 only. John Lorenz, mapper. Will be meeting at or near
Fordham University entrance on Southern Blvd. (near
Bronx Bot. Gdn.) north of Fordham Rd., at 9:00 A.M. to map a pleasant
course via the new Bronx Bikeway into the wealthy retreats of Scars-
dale. All suggestions are welcome if you decide to participate.
Here's your chance to produce a viable route in the suburbs. Easy
to get to. Cancelled at 60% chance of rain. Please confirm in advance
on Saturday night. 833-2223.

FOR REGULAR RIDES -- LEADERLESS--SEE PREVIOUS ISSUES

Memory Lane

Lorraine Gewirtz

It happened in Queens one Sunday 19 years ago. A car topped with several bicycles pulled up to two cyclists. One of the men in the car handed the cyclists cards -- invitations to a New York Cycle Club meeting. The men in the car were Dan Henry and Bill Aldritch and the card recipients -- George and Bob Herzfelder, cycling cousins. Bob and George went to that meeting back in 1960 held then at the Brau Haus on 53rd Street and 3rd Avenue. They joined the club that night.

Bob, a cyclist since college days had a converted 8-speed (from 3) Raleigh and a "cheap" Atala 10-speed. Between increasing his cycling know-how and bike thievery (on the part of others) he advanced in 1968 to an Atala Professional Record 101 and later to a #1 Le Jeune.

Through the years Bob has taken an active role in our club. He's held a variety of offices including President (1970-71) and Vice President (1975-78). (George, who passed away in 1970, had been Treasurer in 1968.) Bob's primary involvement has been as an organizer of long weekends on which countless members have enjoyed themselves at Pakatakan Lodge in Arkville, New York and Tennanah Lake Shore Lodge in Roscoe, New York.

For the past 5 years, every March, Bob has flown South like the swallows to cycle with the Paul Dudley White Bicycle Club of Homestead, Florida. Bob and his wife Janet, native New Yorkers, have decided to have "summer all year round" and this fall will be moving to Boca Raton, Florida. Before they leave, Bob has promised to give us an evening of slides and anecdotes garnered over the past 19 years. Old members will enjoy a bit of nostalgia and newcomers will glimpse our glorious past like "Gear 1968" sponsored by none other than the NYCC.

Join us on September 18th for an evening of club memories when we all wish the Herzfelder's good sun, good cycling and good luck in their soon-to-be-new home.

COMING ATTRACTION:

The last of our three part series on SAFE CYCLING....we had Myrna Myer with "Effective Cycling"..then we had Frank Hynes with "Only One Road".... In October Debora Hutchinson, cyclist, R.N., Director of the Cardio-vascular Fitness Department at the Westside YMCA will talk about FIRST AID FOR CYCLISTS. Don't miss it.....

* * * * *

WANTED TO BUY

Used mixte or open frame bike in good condition, \$65 - \$75. Call Irv at LQ2-7298 or 650-8075. Or Write to: I. Weisman 70 Marble Hill Ave. Bronx, 10463

IN 1976 OR EARLIER MY BUDDING LOCAL CYCLING REPUTATION REACHED THE PARKS AND RECREATION BRANCH OF DEPARTMENT OF INTERIOR, AND WAS APPROACHED BY THEN CURRENT OFFICIALS TO HELP IN THE PLANNING OF THE EAST COAST BICYCLE TRAIL. SINCE I HAD HOPES TRYING TO STAGE A 100 MILE (160 KM) SEGMENTED BIKE RELAY EVENT BETWEEN BOSTON-NEW YORK-WASHINGTON D.C., WITH ADDITIONAL EXTENTIONS THROUGH VIRGINIA TO FLORIDA (SOUTH), LIKEWISE ALBANY-MONTREAL-QUEBEC (TOWARD NORTH) IF IT GAINS MOMENTUM IN COMING YEARS AS IT SHOULD PICK UP EVENTUALLY.

MY PLAN WAS BIG ENOUGH TO TAKE YEARS TO REALIZE WITH RIDERS YET TO COME FORWARD AND DEVELOP FOR SUCH EVENT. STILL IT PARALLELED THE EFFORTS OF OTHER PEOPLE TRYING TO FIND PROPER ROUTE FOR MORE MODEST ENDAVOURS. THEN AND THERE I MADE THE DECISION TO CONCENTRATE ON THE PROMOTION OF THE EVENT AND LEAVE THE ROUTE PLANNING TO OTHERS AS PARTS OF IT WERE ALREADY IN USE. AS SUCH, FOR A TEST RUN TO INCORPORATE IT, I RODE THE "BILL COOPER TRAIL" 405 MILES (652 KM) FROM NEW YORK TO MONTREAL IN 3 DAYS WITH BOB PERL AS OTHERS HAVE DONE IT BEFORE AND AFTER, PLUS EXTENDED MY EFFORTS TO QUEBEC THE 4TH DAY ALONE. STEVE BAUMAN ALREADY OFFERED TO COVER THE MONTREAL PART IN 2 DAYS BY NEXT YEAR, AS I WAS PLANNED TO CYCLE 1000 MILES (1600 KM) IN 10 DAYS SOUTH TO GEORGIA AS A VACATION ACTIVITY. I HAD DREAMED OF ASSIMILATING SUCH EUROPEAN EVENT AS THE PARIS-BREST-PARIS 756 MILES (1200 KM) WITH 90 HR LIMIT, HELD EVERY FIVE YEARS EXCEPT FOR INTERRUPTIONS OF WWI AND WWII. THE NEXT ONE SHOULD HAVE OCCURED IN 1981 SAFELY DISTANT TO PLAY OUT MY THEME TO SOME EXTENT, BUT WAS MOVED AHEAD TO 1979 TO SYNCHRONISE WITH THE 75TH ANNIVERSARY OF IT'S PROMOTING AUDAX CLUB PARISIEN AND AFFILIATES.

RUMORS OF THE CHANGE HAS REACHED ME OCTOBER LAST YEAR, BUT ONLY BEGUN TO BELIEVE FEBRUARY THIS YEAR. SUCH EVENT WE ONLY READ ABOUT SO FAR AS DEMANDING AS IT IS, I DISMISSED THE POSSIBILITY EVER MEETING A PERSON WHO COULD RIDE IT. SO WHEN MY FRIENDS MADE THE "BREVET" QUALIFYING PRELIMINARY RIDE OF 373 MILES (600 KM) IN THE 40 HR LIMIT AMONG THE 28 USA HOPEFULS, AFTER A WAVE OF SURPRISE AND CANCELLING FORMER PLANS HAVE GENERATED MY INTEREST TO GET IN THE ACT TOO.

FROM A LOGAL POINT OF VIEW IT STRUCK ME PARALEL WITH THE VATICAN ELECTING TO CROWN A NEW POPE: A FEW NOTABLE BISHOPS LIKE MAX VICKERS, STEVE BAUMAN, BOB PERL, GARRY KRYZNOWEK OF OUR REGION DECIDE TO GO OVER FOR THE CELEBRATIVE EVENT, WHILE IN A SURGE OF ENTHUSIASM NEARLY FALLING INTO THE SIN OF OMISSION BY FORGETTING ABOUT THE CARDINAL FIGURE "YOURS TRULY" TILL THE LAST MINUTE OF DEPARTURE.

WITH MY SLOWLY IMPROVING 15 MONTHS OLD SHOULDER INJURY AGEN I'M ABLE TO DO 1200 PUSHUPS PER WEEK AT LEAST WHICH I USED TO TOP IN TWO DAYS. UNLIKE MY PAST EXPERIENCES WITH DEALING FROM A POSITION OF STRENGTH, FEELING LIKE THE SHADOW OF MY FORMER SELF AND A COLLECTION OF BLUE TOE NAILS FOR PAST TWO YEARS' EFFORT TO SHOW, I DON'T EXACTLY FEEL FIT FOR THE CHALLENGE. NEVERTHELESS WE ALL HAVE TO PREVAIL OR PERISH IN SPITE OF LESS THAN PERFECT CONDITIONS IN ANY OF LIFE'S UNDERTAKINGS. I FEEL I CAN'T AFFORD TO PASS UP THE OPPORTUNITY TO GO. THE UNTIMELY COINCIDENCE OF MY HAVING MISSED "BREVET" DUE TO SOME STITCHES BEING REMOVED FROM MY HAND THE SAME WEEKEND JUST HAVE RAISED MORE OBSTACLES. THIS STRING OF BAD LUCKS SOMEWHAT BALANCED BY THE CONTAGIOUS ENTHUSIASM OF MY FRIENDS LEAD ME TO A POINT OF PHILOSOPHY, BY WHICH THE GREATEST POWER ANYONE COULD HAVE IS THE EXERCISE OF TURNING NEGATIVE CONDITIONS INTO ONE OF POSITIVE. THUS I BEEN JUMPING MENTAL HURDLES AS TIME GROWS SHORTER.

MISSING OUT ON THE PRELUDE, I HAD NO CHOICE BUT START FROM THE OVERTURES MADE TO HEAD HONCHO JIM KOSKI OF NURD CONTROL CENTER TO QUALIFY MY STANDINGS AGAINST ONONDAGA CYCLING CLUB CRITERIA. TO BE HONEST ABOUT MY CREDENTIALS, FIRST OF ALL I ADMITED TO HAVING BEEN THROUGH SEVERAL BOUTS OF RECENT RELAPSES OF CREEPING SANITY, YET REMAIN CONSIDERABLY CRAZY ENOUGH WANTING TO GO. THIS IN ITSELF EXPECTED TO SERVE AS IMMUNIZING LIMIT AGAINST TOTAL INSANITY WHICH BY ITSELF DIDN'T IMPRESS HIM TOO MUCH AS HE ASKED FOR THE FOLLOWING REFERANCES.

- 1974 "IRONLEG" OVER NEW YORK CYCLE CLUB'S FIRST DOUBLE CENTURY 200 MILES (320 KM) IN 14:43 HRS IN THE CATSKILL REGION. VERIFIED BY DR REED AND DR FRIEND
- 13:23 " " ON MONTAUK RIDE LAST YEAR HELD BY AYH (20 TIMES OVER)
- 1975 "CRAZY BASTARD" VALIDATED BY RIVERHEAD RIDE LEADER MARVIN KUHN. LOST TITLE TO BOB PERL IN 1979.

1976 VETERAN CHAMP AND 3RD OVER ALL WITH 342 MILES (550 KM) ON THE 24 HR PEPSI COLA MARATHON. YES LIGHTNING CAN STRIKE TWICE THE SAME PLACE, JUST AS I GOT TWO MEDALS FOR ONE PERFORMANCE. A REAL DOUBLE HEADER BY AMERICAN STANDARDS. VERIFIED BY AL TOFIELD. LOST TITLE CURRENTLY TO MAURICE ASTRI.

1977 JUST PLAIN CRAZY AS PER NYCC'S VICE-PRESIDENT LORRAINE GEWIRTZ
TITLE I HAVE SHARED WITH MANY BOARD MEMBERS OVER THE YEARS.

1978 MORE THAN CRAZY AS PER FORMER PRESIDENT "UPRIGHT" IRV WEISMAN

1979 WORST THAN ANY OF THE ABOVE AS PER RIDES CHAIRMAN ED FLOWER AND EDITOR CHARLOTTE HILDEBRANDT AND ASSORTED RIDE LEADERS. NOT TO MENTION HAVING BEEN COMMITTED TO BEING A RIDES CHAIRMAN MYSELF 3 1/2 YEARS AND VOLUNTARILY TOO.

NEW YEAR CENTURIES: 1ST PLACE IN 1976, 2ND IN 1975, 3RD IN 1979 AS VALIDATED BY THE GRAND OLD MAN OF CYCLING LOU MALTESE HIMSELF OF CENTURY ROAD CLUB ASSOCIATION (CRCA) WHO'S PRESTIGE JUDGED BY THE APPLAUSE I SEEN HIM RECEIVE ON ONE BANQUET A FEW YEARS AGO I CAN ONLY REMEMBER BEING MATCHED PREVIOUSLY ONLY BY A GENTLEMAN RECEIVING HIS 3RD PHD DEGREE.

KONSKI MUST HAVE BEEN EITHER 10% IMPRESSED AT LEAST TO LET ME GO, OR JUST FIGURED HE COULD USE A SAG WAGON DRIVER WOULD I FAIL THE CRESCENDO PART OF THE RIDE. WITH SO MUCH INVOLVEMENT I HAD TO CRAM FOR LATE REGISTRATION WITH FRENCH DIRECTOR SPORTIF MR. ROBERT LEPERTTEL WHO'S BEEN ORCHESTRATING THE EVENT, AND WAS GRACEFULLY FORGIVING AT MY BEING OUT OF TUNE ON FIRST TRY.

THEN OBTAINING THE NECESSARY PASSPORT I HAVE GONE TO THE FIRST PHOTOGRAPHER I COULD FIND OPEN AFTER WORK. THE GUY MUST HAVE BEEN A DROPOUT GREEK SHEPHERDER UNACOSTUMED TO HUMAN FEATURES HAVE PULLED THE CLASSIC PERFORMANCE YOU HEAR SO MUCH ABOUT. THIS GUY COULDN'T EVEN CENTER ME ON THE PICTURE AND I WAS RELUCTANT TO ACCEPT 80% OF A DEAL I BARAGAINED FOR. WHEREUPON HE WOULDN'T PRODUCE A SECOND TAKE, TAKING IT AS AN INSULT THAT I EVEN MENTIONED IT. I WAS READY TO PUT MY IRON LEG TO SOME GOOD USE UP HIS PANTS, BUT SUCH LUXURY I COULDN'T AFFORD AS I NEEDED THE PHOTO. AFTER SOME WORDS OF EXCHANGE INCLUDING COPS AND SMALL CLAIM COURTS FOR BEFILING MY IMAGE, HE TOOK A RECESS FOR A CB CONSULTATION WITH HIS TRUCK DRIVER BROTHER INLAW AND AGREED TO CENTER AND TAKE THE NEXT SHOT. BY THEN I DIDN'T REFLECT A RELAXED DISPOSITION AND IT CAME OUT DOWN RIGHT SINISTER LOOKING. DEALING WITH THIS GUY MADE ME REALIZE WE WILL NOT DEVELOP BUT A BATCH OF NEGATIVE EXPERIENCES, AND WOUND UP PAYING TWICE FOR SOMETHING I DIDN'T LIKE IN THE FIRST PLACE. DECLARING IT AS AN INVESTMENT IN HIS EDUCATION YET TO ATTAIN, WHILE RELAXED IN THE KNOWLEDGE NO ONE ELSE WILL HAVE A COPY OF THESE.

SKIPPING SIMILIAR DETAILS OF EQUIPMENT, REGULATIONS WILL REQUIRE FENDERS AND LIGHTS WITH SPARE BULBS PLUS BATTERIES IF NOT USING A GENERATOR. WONDER LIGHTS ARE NOT ACCEPTABLE. WITH EVERYTHING LOADED THE BIKE NOW WEIGHT 32 LBS (14.5 KG) AND AS A RESULT MY FOLDABLE 290 GRAM BARNOW CLINGERS IN NEED OF MORE AIR PRESSURE BLOW OFF THE RIM. SO I HAD TO REPLACE THEM WITH CYCLE PRO 100 PSI WIRED ON TYPE RELEGATING THE FORMER TO A SPARE I WILL CARRY. ON MY SHAKEDOWN CRUISE IN RUSH HOUR TRAFFIC TO WORK I HIT A POT HOLE AND HAD TO GET A NEW REAR WHEEL. I HAVEN'T LEFT YET BUT SPENT ABOUT \$650 ALREADY, MOSTLY ON AIR FARE. IF A NEW BIKE WOULD HAVE TO BE OUT FITTED AS MINE NOW, IT WOULD RUN \$1,080.

MEANWHILE BEING COUGHT IN RAIN 5 WEEKEND OUT OF SEVEN JUST TRAINING, PUT ME ON THE PLANE OF EXISTANCE OF LIVING IN A PLASTIC GARBAGE BAG IN LIEU OF PROPER RAINGEAR WE ALL BUY JUST TO KEEP AT HOME FOR INVENTORY. WITH SUCH DAMPENED ENTHUSIASM IN SPITE OF MY PAST ADVENTURES, IN SPITE OF LEFT OVER POWER I SHOULD SURVIVE WHAT'S AHEAD. IT WILL TURN OUT TO BE AN EDUCATION IN ANY CASE. AND IF I'M LUCKY ENOUGH TO FINISH THE WHOLE TRIP I WILL REGARD IT AS A PHD IN ANIMAL EQUIVALENCY.

WELCOME NEW MEMBERS:

Jessica Sanders Herbert Trossman
Gayle Krubit

Audrey and
William Murray

Our sympathy and affection to John Lorenz who recently lost his father.

AUGUST 14, 1979 BOARD OF DIRECTORS MEETING
SUMMARY OF MINUTES (UNAPPROVED)

- 1.) Upon further investigation, Miller's Restaraunt in the Woolworth Building appears unsuitable for Club dinner/meetings. The Board remains open to suggestions for alternate meeting places.
- 2.) A NYCC logo designed by Gene Reynolds was approved by the Board, and will be displayed at the August 21 General Membership Meeting.
Tshirt iron-ons of the new logo will be purchased in two colors (white with red trim and black with red trim), and will be sold to members for \$1.00 each or two for \$1.75. Each iron-on will contain two logos, one large and one small.
- 3.) Mel Shleifer and Bill Cooper have worked the bugs out of a plan to use pressure sensitive address labels for addressing the bulletin, instead of the present method requiring several staples. This new feature should be in the September bulletin.
- 4.) The Club will sponsor a table at the Queensboro Bridge Bike Lane Party September 16th, pending approval by Transportation Alternatives, the sponsoring organization.
- 5.) The Board voted to propose two Bylaw amendments on the December ballot:
 - (a) In order to renew membership, beginning with the 1981 season, a member must participate in a minimum of three NYCC rides in the previous membership year, unless granted an exception by the Board;
 - (b) The membership year be May 1 to April 30, with annual dues due by April 30, effective with the 1980 membership year.
- 6.) The next Board of Directors Meeting will be on Wednesday, September 12.

Complete copies of approved minutes are available upon request from Chris Mailing, Secretary, at 879-6199.

* * * * *

WANTED:

Three mature, adult "B" bicyclists to ride with me as a congenial, cohesive team in the Knickerbikers' fifth annual running of the mountainous, 15-day, 1100 mile Baja California challenge (Baja V) from San Diego, CA, to Cabo San Lucas, Mexico.

Afterward, 20-hour steamer/ferry to Puerto Vallarta for R&R; then plane to Guadalajara and Mexico City to see the sights and do some local cycling. Anticipate gourmet dining and comfortable motels/hotels on this portion of the trip in mainland Mexico.

Leave JFK 11 Dec 79; return JFK 17 Jan 80.

If interested, write: Frank Sanchez, 90-16 221 Street, Queens Village, NY, 11428.

SPECIAL TO NYCC BULLETIN ON AUGUST MEETING

Considering how many guests were present at the August meeting, and representing such large organizations as the Automobile Club of America, The AYH, The Board of Ed, the Bike Commuters, it was counterproductive to make a pitch to join LAW now to save the five dollars they need to lobby for our rights and to educate the public...especially when we had just finished paying from eight to twelve dollars for a third-rate meal.

In fact, I feel we should raise a fund in the club to help LAW. It is our only voice. Any member of our club not also a LAW member should join at the new rate (\$15). Present members should kick in the five bucks...lest we all be forced to ride on the sidewalk.

PLEASE CHECK TYPE OF

ANNUAL MEMBERSHIP DESIRED: ☐ New ☐ Renew

MEMBERSHIP APPLICATION AND RENEWAL FORM

☐ Sustaining membership - ~~\$20.00~~ minimum *\$25.00*
(L.A.W. Sustaining Certificate included)

☐ Individual membership - ~~\$10.00~~ *\$10.00*
(Age 14 and up.)

☐ Family membership - ~~\$20.00~~ *\$15.00*
(Parents and unmarried children to age 21. Include name and age of each.)

☐ Life membership - \$250.00

☐ Family Life (Husband/Wife) - \$375.00

☐ Installment Life - \$250.00 (\$25 ea. 3 mos.)

☐ Library Subscription - \$7.00

→ Overseas memberships \$3.00 additional. ←

Name _____

Address _____

City & State _____ Zip Code _____

Telephone _____

Occupation (Optional) _____

Bicycle Club Affiliations New York Cycle Club

Comments: We're happy to pay at the new rate

because we know your work is important.

Check enclosed and made payable to:
LEAGUE OF AMERICAN WHEELMEN, INC.
19 South Bothwell
Palatine, Illinois 60067

With membership you will receive Monthly L.A.W. BULLETIN; L.A.W. Directory; Membership Card; Patch; Bicycle Decal; and Auto Decal.

ABOUT "ONLY ONE ROAD"

I think NYCC should join with the Bicycle Coalition, AYH, TA, etc as well as the Police Dept, the Traffic Safety depts to push the use of presently-available AAA materials to the media... wouldn't that film make a good addition to getting a driver's license!

However, new materials are certainly needed, as while AAA believes there's only one road, they seem willing to only give us about 18 inches of it! Two of the accidents could have been avoided if the cyclist had taken his lane in accordance with safe cycling behavior (only as far right as is safe). People with horns can always alert cars as to their presence in the blind spot, as well as when entering an intersection with the light changing.

Note how my restrained behavior at the meeting has now slipped... back to my usual self... Vera Kraus

THE DINNER PLAN AT RINALDO'S

Your cooperation helps expedite the preparing and serving of our monthly dinners. Here's how. As soon as you arrive, sometime before the end of the Social Hour at 6:45PM, place your order for dinner with our waitresses Helga and Helen. This enables the chef to know how many of each dish to prepare and how many salads to prepare - the preparations do take time, and advance notice is necessary. Delaying ordering until after the Social Hour cut-off time, messes up the orderly preparation of the dinners. So cooperate by placing your orders immediately upon your arrival.

If you do not order dinner but partake of the hot hors d'oeuvres, do not sit at the regular dining tables which are set up for those having dinner. Those who opt for the hot hors d'oeuvres and coffee for the \$2 minimum sit at a table set aside for their use. (By the way, the \$2 minimum entitles you to a bowl or so of the hot hors d'oeuvres, not to a full meal of hors d'oeuvres.)

And when Helen is serving the dinners, it helps her greatly if you place your meal ticket on the table so she can see what you have ordered. Do, also, pay attention to Helen's announcements as she brings out the different dinners. Your expeditious responses keep the dinner-serving moving efficiently and happily for all concerned. Helen doesn't have to shout, and we all get served quickly.

NEW YORK CYCLE CLUB, Inc.
c/o Mel Shleifer
P.O. Box 1081
Mt. Vernon, N.Y. 10551

FIRST CLASS